#### SAINT LUKE SERBIAN ORTHODOX CHURCH ORTHODOX CHURCH IN AMERICA - ARCHDIOCESE OF WASHINGTON 6801 GEORGETOWN PIKE, MC LEAN, VIRGINIA 22101

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# MARCH 10, 2024 SUNDAY OF THE LAST JUDGMENT MEATFARE SUNDAY THIRD SUNDAY OF THE LENTEN TRIODION

**Epistle Reading**I Corinthians 8:8-9:2

Gospel Reading

Matthew 25:31-46

#### CHRIST IS IN OUR MIDST! HE IS AND EVER SHALL BE!

**Troparion** (Resurrection)

By Thy Cross, Thou didst destroy death! To the thief, Thou didst open paradise! For the myrrh bearers, Thou didst change weeping into joy! And Thou didst command Thy disciples, O Christ God, to proclaim that Thou art risen, granting the world great mercy.

#### Kontakion (Resurrection)

The dominion of death can no longer hold people captive, for Christ descended, shattering and destroying its powers. Hell is bound, while the prophets rejoice and cry: The Savior has come to those in faith! Enter, you faithful, into the resurrection!

# **Kontakion** (Sunday of the Last Judgment)

When You, O God, shall come to earth with glory, all things shall tremble and the river of fire shall flow before Your judgment seat; the books shall be opened and the hidden things disclosed! Then deliver me from the unquenchable fire, and make me worthy to stand at Your right hand, righteous Judge!

## Memory Eternal+ Veşnica Pomenire+ Većnaja Pamjat+

Grant rest eternal with the Saints, O Lord, to Nick Wultich, Tib Truta's father Viorel, and to Michele Karabin's father Richard on the anniversaries of their departing this life.

## **Meatfare Sunday**

At today's meals we may still enjoy eating meat. Tomorrow our fasting from meat begins. Eggs and dairy products are permitted this coming week. The limited fasting prepares us gradually for the more intense fasting of Great Lent which begins on March 18 and lasts until Pascha on May 5. For those who have not fasted before, you may have to build up over time to the Lenten level. Or if you have medical or other complicating issues, you may need to find a modified form of fasting. Fr. John can provide guidance for us in our personal fasting disciplines.

**Welcome** to all guests via livestream and in person today. We invite you to stay for Coffee Hour. If you are interested in learning about the Orthodox Faith and St. Luke parish life, feel free to talk with Fr. John or Deacon Stefan. Please come again!

## God Bless Popadija Kitty

Popadija Kitty is home now recovering from orthopedic surgery. She sends her thanks to everyone for all the prayers and well wishes.

#### **Lenten Prayer Partners**

We resume a Lenten practice from the past in selecting Prayer Partners for Lent. Adults and children who wish to participate may drop their names in the Prayer Partner basket today. We will draw a name of the person to pray for next Sunday. We then keep the name secret until our Pascha celebration on May 5.

# Sisterhood Meeting – Today

All women are invited to meet after Coffee Hour to plan an upcoming charity luncheon.

# Orthodoxy 201 - Wednesday, March 13 at 7PM on Zoom

This week we complete our study of the Gospel of John. See John 21:25 and join us!

Retreat: "How to be a Sinner: Understanding Myself as a Sinner" – March 16, 2-5PM All Saints of America Orthodox Church will host a free retreat led by Dr. Peter Bouteneff (SVS) exploring: understanding myself as a sinner, the uses and abuses of guilt and shame, other people's sins, the gifts of the "sinner identity", and God's mercy and mine; at 3130 Franconia Road, Alexandria, VA. Info: <a href="mailto:fatheralessandro@gmail.com">fatheralessandro@gmail.com</a>.

## **Cheesefare and Forgiveness Sunday – March 17**

Next Sunday is the eve of Great Lent. As our final preparation, Forgiveness Vespers will be served at 1PM. Everyone is encouraged to attend as we begin our Lenten journey with our parish family in mutual forgiveness.

# OCMC Mission Sunday – March 17 <a href="https://www.ocmc.org/">https://www.ocmc.org/</a>

The Assembly of Canonical Orthodox Bishops of the USA designates next Sunday as a time for the Church to pray for and support missionaries in 30 countries around the world. OCMC wishes to have an "Ambassador" in each parish. If interested, talk with Fr. John.

# Ancient Faith's Lampstand Institute – July 18-21 (Application due by March 31)

The Lampstand Institute is an introductory media training forum for Orthodox Christians aged 18-23 who are interested in learning about Orthodox digital media ministry. It is tuition-free for ten students to learn podcasting and video production, with a travel stipend to AF Headquarters in Chesterton, IN. See <a href="https://www.ancientfaith.com/">https://www.ancientfaith.com/</a>.

## Save the Date: St. Luke Annual Assembly - Sunday, April 7 at 1PM

## God Grant You Many Years! Mnogaja Ljeta! AXIOS!

We join Deacon Stefan in celebrating the 2<sup>nd</sup> anniversary of his Ordination. May the Lord bless him, his wife Christine, children Zova, Jovan and Karla, and his mother Dragana.